

**PRESS RELEASE**

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**Marriage Matters Jackson Announces Spring Workshops**

*Reserve today to guarantee your spot at [www.MarriageMattersJackson.com](http://www.MarriageMattersJackson.com)*

JACKSON, MI -- MMJ workshops are growing in reputation and attendance as participants share their comments with others, including raving about the instructors and noting how the information has helped them in all aspects of their lives. The only drawback from the positive response – many workshops fill fast!

“This was so much fun. I'd recommend this program to everyone interested in having healthy relationships!” This was a recent comment from a participant in a MMJ workshop for singles and it's the goal of every MMJ activity.

Marriage Matters Jackson's spring workshop schedule is listed below. People are encouraged to register for the upcoming workshops early to guarantee their spot. Details are available at [www.MarriageMatterJackson.com](http://www.MarriageMatterJackson.com) or by calling (517) 796-5116.

**2011 MMJ Spring Workshop Schedule**

**Workshop:**

**Dates:**

**Site:**

***Pick a Partner: for Singles***

Thursdays April 14, 21 & 28

Mat's Café, Jackson

Whether you are single, or single again, learn how to avoid dating or marrying a jerk in this fun, 3-week workshop, which includes great information and dinner each week. Cost: \$30 per person.

***All About Us: Overnight Retreat*** Friday, April 15 & Sat., April 16

Holiday Inn, Jackson

Praised by both men and women, this is one of the most well-respected and research-proven marriage programs available. Couples will learn ways to love more and argue less. This overnight workshop includes lodging and breakfast and lunch on Saturday. Cost: \$75/couple.

***Marriage Links: Overnight Retreat*** Friday, May 13 & Sat., May 14

Camp Michindoh

This overnight retreat takes place in a beautiful lodge set in rural Hillsdale County. Come and have fun and learn tools for managing crucial relationship links. Topics include communication skills, conflict resolution, forgiveness & trust, individual needs and intimacy. Cost: \$75/couple

**PLUS Free Marriage Restoration workshops held every Monday evening from 6-8 p.m.;**

A weekly marriage restoration workshop offered at the United Way Center in Jackson is designed to address the tougher times in a relationship. The “mini-workshops,” offered at no cost to participants, provide skills to couples, and tackle some of the critical issues in a marriage. Topics change each week and couples can attend any session.

Marriage Matters Jackson is supported by the Weatherwax Foundation and individual donors. The vision of Marriage Matters Jackson is to promote, prepare, and preserve healthy marriages. It seeks to strengthen marriage, and decrease divorce, by communicating the importance of marriage, connecting people to resources, and collaborating with community leaders and organizations.